



Spring is on the way



WHAT'S HAPPENING THIS MONTH AT YOUR FAVORITE VET?



WARM WEATHER MEANS BUGGIES!



Are your dogs & cats on prevention?

get prescriptions from your PAZ online pharmacy

MARCH IS

women's history month

Honoring our trailblazing sisters!

JFFD OPEN!

JUST FOOD FOR DOGS

Back in action and Open for walk-ins

at North, South, & West Paz Clinics



NORTH



SOUTH



EAST



WEST



Choose the location of your primary DVM

HAPPY MARCH AND HAPPY SPRING TO OUR PAZ COMMUNITY!!

As we celebrate National Women's History month- we take a moment to look at the wonderful women around us here at Paz. The Veterinary Medical field is one of few fields that is dominated by women. So, we have many and much to celebrate this month!

As women we are so many things to so many people. We are mothers, sisters, daughters, friends, confidants, leaders, colleagues, team mates, innovators and so much more. I think it's important to spend some time celebrating you! Feminine energy is incredibly powerful and healing. Without it the world simply could not go 'round. A great book that dives deep into celebrating women and the special ways in which we have been celebrated in past times is "Women Who Run with the Wolves" by Clarissa Pinkola Estés. It's a great book that can help instill a gentle power behind your feminine energy. Great for female-identifying, male-identifying or gender fluid. We all have the energy of both!

And a shout out to our male counterparts! We balance one another and therefore need one another. And we'd like to have more of you in Vet Med!

Take some time to celebrate the divine feminine in yourself this month- I believe it's in everyone, maybe it's just dormant and unused. We're all capable of loving and caring for something! Nurturing animals is definitely something we all have in common here, and that's that wonderful mother-energy.

Blessings!

Karen Holliday, Director of HR Paz Veterinary

INSPIRATIONAL WOMEN WHO ARE PART OF OUR LIVES



Single Moms! My mom was a single mom at a young age, and graduated at the top of her class at UT Law at the age of 35. My brother was 11yr old and I was 13. I'd most certainly celebrate moms for sure...and single moms to boot.-Nikki

My grandmothers, aunts, and my mother all survived and thrived in domestic abuse situations - and taught me to take no s---. The DA cycle was definitely broken with me!

Also SHOUT OUT TO TRANS WOMEN AND GIRLS! Fighting against bigots and state legislation literally every day just to live their truth and survive. Cannot imagine but will judo chop for them.

-Jodie

This month, I am celebrating the women of Ukraine. I can only imagine what they are having to go through right now. I saw a post the other day where all the pregnant women of Ukraine were all hiding in a bomb shelter. Others with firearms staying to defend their homes.

My thoughts are with them and their families- Anna

This month I am celebrating my grandmothers- Norma Rhoads and Pauline Knight. Both of my grandmothers worked in factories during WWII. My Grandma Norma was a Supervisor at a handheld radio plant in Indiana. My Grandma Polly was a welder at a factory in California. I am very proud of both of my grandmothers and my Rosie the Riveter tattoo is in honor of them.- Alison

Theresa Kachindamoto- the Malawi Chief who broke up 850 child marriages, and banned the sexual intimation of Young Girls - Alison B.

This month I am celebrating all the amazing ladies I work with and my mother especially the lady I owe it all too! She crossed the border at 17 with me being just 1 and a half years old and has always pushed her way through society despite the hardships she has endured such as domestic abuse and gang violence to achieve great things and make big changes for her, the people around her and other undocumented women. She helps undocumented women look for jobs on her free time so they can be encouraged to have an income apart from their husbands and reminding them constantly that they can be very independent and strong! So yes you can call me a feminist I believe women deserve the highest respect and believe women should have equal opportunity's as everyone else since they are the closest thing to god on this planet by creating life and caring for it! Thank you for all you do and keep up the great work ladies , love you all- Albert!

Greta Thunberg. She is very inspirational and a fearless activist who's focus is on climate change. I really really wish people did more to help our planet.-Vanessa

SEE YOU NEXT MONTH!